

# GETTING TO THE START LINE



12 APRIL 2026

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**RECOMMENDED TUBE STATIONS**

- Leicester Square
- Piccadilly Circus
- Green Park



**KEY**

- Arrival Train Stations
- Walking Routes
- Toilets
- Baggage Buses I-P  
*For start waves 1-4*
- Baggage Buses A-H  
*For start waves 5-8*
- Tommy's Pink Carpet
- LLHM Merchandise
- Route to Start Areas
- Start Areas
- Run Route

**TIMINGS**

| Waves | Arrival From | Bag Drop Opens | Baggage Buses | Warm Up Time | Bag Drop Closes |
|-------|--------------|----------------|---------------|--------------|-----------------|
| 1-4   | 08:00        | 08:00          | I-P           | 09:10        | 15:45           |
| 5-8   | 08:30        | 08:30          | A-H           | 10:00        | 15:45           |